

JULY 22-31, 2022

OFFICIAL TECHNICAL GUIDE

Version 3.1 - 7/06/22

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Intelligentsia Cup Celebrates Its 10th Anniversary!

The Intelligentsia Cup was founded in 2012 with a single venue and since then has grown to become the largest competitive road cycling series in the United States. In 2021 we hosted approximately 560 daily riders from 45 states and 10 foreign countries. This year we welcome back all 9 of our great venues from last year, plus a new stage in Northbrook, IL. Our Lake Bluff stage will be livestreamed as part of the new American Criterium Cup series. To all our riders this year, we hope you enjoy the 2022 Intelli Cup and thank you for racing with us. Be sure to check our website for full information, daily updates, and online results. We will also be issuing daily communiques during the series.

Staff and Officials

Prairie State Cycling Series LLC

Executive Director/Co-founder:

Marco Colbert

Managing Member/Co-founder:

Tom Schuler

Crew Chief: Andrew Frey

Marketing Director: Bekah Collins

Announcers: Todd Busteed, Brad Sohner,

Greg Bliss

Registration Manager: Dot Abbott

Stage Manager: Beth Rice Prize Payout: Grace Labinski

First aid support – Northwestern Medicine

(& others)

Neutral technical support services:

Shimano Multi-Service

Staging & Camera – Ten Speed Productions **ACC Timing and Results –** Ignite Your Event

Race Photography – Ethan Glading

USA Cycling Officials

Chief Referee: Steve Feehery
Chief Judge: Dan Brungard
Assistant Judge: Mark Keller

Assistant Referee: Brenda Feehery

Moto Referee: Dave Fowkes Moto Referee: Chris Black

Omnium Judge: Heidi Mingesz

OVERVIEW

FRIDAY JULY 22 West Dundee River Challenge p/b Ascension Saint

Alexius

West Dundee, IL (criterium)

SATURDAY JULY 23 The Ray Whalen Builders Tour of Glen Ellyn

Glen Ellyn, IL (criterium)

SUNDAY JULY 24 Winfield Criterium and Summerfest

Winfield, IL (criterium)

MONDAY JULY 25 Tighthead Mundelein Grand Prix

Mundelein, IL (criterium)

TUESDAY JULY 26 Lombard Cycling Classic p/b DuPage Sports Commission

Lombard, IL (criterium)

WEDNESDAY JULY 27 South Chicago Kermesse & Bicycle Celebration

p/b 10th Ward Alderwoman Susan Sadlowski Garza

Chicago, IL (road race)

THURSDAY JULY 28 The Northbrook Grand Prix

Northbrook, IL (criterium)

FRIDAY JULY 29 Elgin Classic in Memory of Dennis Jurs

Elgin, IL (criterium)

SATURDAY JULY 30 Northwestern Medicine Lake Bluff Criterium

- ACC (Pro Men & Women) -

Lake Bluff, IL (criterium)

SUNDAY JULY 31 William Blair Grand Prix at Goose Island Beer Co.

Chicago, IL (criterium)

TECHNICAL DETAILS

Article I. Event

The Intelligentsia Cup is held under USA Cycling permit # 2022-5632. The USA Cycling rules and scale of penalties solely apply. USA Cycling officials will be responsible for all start/finishes, rulings, and determining end results and scoring. www.usacycling.org

The 2022 event includes one ACC (American Criterium Cup) race – Lake Bluff on July 30, 2022. The ACC event is open only to Men Category Pro-1 and Women Category Pro-1-2. Other category events also take place on the ACC date. The ACC regulations are applicable to the Pro races in Lake Bluff. See ACC Series Regulations

Article II. Organization

The Intelligentsia Cup is produced by **Prairie State Cycling Series LLC**

Phone: 847.644.0277

Email: info [at] intelligentsiacup.com **Web:** https://intelligentsiacup.com

Article III. Entry

Eligibility: Riders may only race in the category as stated on their USA Cycling or UCI-affiliated Federation license. The Standard USA Cycling Event Waiver must be signed by all riders. Minors must also have a parent or legal guardian sign the waiver.

Foreign-federation riders must present their "Foreign permission letter" at bib pickup and proof of insurance coverage while racing (exception: UCI-CAN licensees). The letter must also specify one of the following:

 The rider is covered by medical insurance for racing in the United States.

- The rider is not covered by medical insurance for racing in the United States and will provide proof of such coverage; or
- The rider is not covered by medical insurance for racing in the United State and will purchase a USA Cycling 1-day policy for each day of racing at a cost of \$10 per day.



ACC: The ACC events are open ONLY to Men Pro-1 and Women Pro-1-2. Field sizes are limited to 125 riders per ACC field. Teams: (USAC 1H3 and 1H4(d)) The ACC categories are limited to a maximum of six (6)

riders per team. There are no team limits for any other pro or amateur category.

Article IV. Registration

Your race entry is your commitment to compete in the Intelligentsia Cup. (See USAC 1H7)/ Registration is on-line only.

Click HERE to Register Online

On-line registration closes 75 minutes prior to the start of each race. Registering past this deadline but within 20 minutes of a) race start is possible, subject to a \$20 administration fee in addition to the Late Registration fee of \$15.

No wait lists will be processed. Field limits will be strictly enforced.

Entry Fees: Discount pre-registration entry incentives are provided for entry by specified dates as indicated. An additional USA Cycling

surcharge of \$4.85 per day of racing will be assessed.

| | by 5/22 | by 6/15 | by 7/17 | > 7/17 |
|----------------|------------|------------|---------|--------|
| Cats | Early Bird | Discounted | Pre-Reg | Late |
| ACC Men & | | | | |
| Women | \$ 52.00 | \$58.50 | \$65 | \$ 80 |
| Pro | \$ 41.60 | \$46.80 | \$52 | \$ 67 |
| 2, 3, & Master | \$ 33.60 | \$37.80 | \$42 | \$ 57 |
| 4 & Novice | \$ 33.60 | \$37.80 | \$42 | \$ 42 |
| JR | \$9.60 | \$10.80 | \$12 | \$ 12 |

NO RACE REFUNDS! No exceptions. Riders may not transfer their entry to another rider. Transfers from one category to another are subject to a \$10 administration fee per race, except in the case of an upgrade in rider license category. If a credit is issued towards a future event, a maximum of 80% of the entry fee-only may be credited.

Registration Insurance is available through Allianz during your on-line registration but is ONLY applicable to events registered for separately (no "SERIES" entries).

Article V. Identification

All forms of identification issued to riders must be used and placed in the prescribed manner. **DO NOT cut your bib or frame numbers.** Cut numbers must be replaced.

Bib Numbers: Bib numbers are to be picked up at Registration prior to one hour before the start of your race. Two bib numbers will be issued per rider according to the Category entered. Bib numbers are to be placed on the body in "USA Criterium style" so they can be read by our photo finish cameras. **Numbers are not to be obscured by hair, vests, or other coverings.**

The same numbers will be used for the entire series. A \$10 per set administration fee will be any replacement bib numbers. Hand-written numbers are NOT acceptable.



Frame numbers: The Pro-1 Men and Pro-1-2 Women will be issued frame numbers. Frame numbers are to be attached to the rear seat post reading vertically from the ground up. Replacement frame numbers are available for a \$5 fee. Hand-written frame numbers are not acceptable.



CORRECT



WRONG - BREAKS OFF!

ACC Timing Chips: The Pro-1 Men and Pro-1-2 Women will be issued timing chips for the Lake Bluff ACC race. Chips must be securely attached to the front fork of the bicycle. Timing chips are to be returned to the Ignite Your Event timing trailer immediately after the event. A fee of \$100 per unreturned timing chip will be assessed. The fee may be deducted from any prize winnings.

Article VI. Results and Protests

For combined fields, the following results will be published:

Women 4/N and Jr 15-18: Combined for daily podium top 3 and USAC results. Daily Junior top 3 podium. Omniums: (1) Cat 4/N and (2) Junior.

Masters 50+/60+: Combined for daily prize list, DuPage Triple Crown, USAC results. Separated for Omnium, daily winner jersey, and USA Masters Cup.

Masters 40+/50+ July 27-31: Combined for daily podium top 3, daily prize list, and USAC results. Masters 40+ Omnium: Must be registered as 40+. Separate Masters 50+ results for top 3 race results podium (merchandise only).

Results will be posted online at *intelligentsiacup.com*.

Protests concerning the order of finish and Omnium (results) are to be directed to the Chief Judge within 1 hour of the start of the next day's race for the category.

Protests concerning the sporting aspects are to be directed to the Chief Referee within 5 minutes of the finish of the race in question. Such protests are to be accompanied by a \$20 deposit, which will be returned to the protester if the decision taken is found to be in their favor.

Article VII. Omniums

Several omniums will be scored during Intelligentsia Cup. Riders do not need to participate in all races to be eligible for Omnium prizes and points. Protests concerning the Omnium placings are to be directed to the Omnium Judge.

Scoring: Omnium points will be awarded according to the table in Appendix 1. Rankings are

determined in order of the sum of the points earned at the end of the series.

In the case of a tie in total points, the following tiebreakers will apply until the tie is broken:

- a) The most first-place finishes or, if still tied the most second-place finishes, etc.
- b) the highest placing in the last race in which one of the tied riders placed.

OMNIUM DESCRIPTIONS

- **1. Intelligentsia Cup Omniums:** Each registration category has its own omnium. Exception: 50+ in the last 5 days. See *Results and Protests*.
- **2. DuPage Triple Crown:** Sum of Intelligentsia Omnium points earned at the following events:



- July 24 Winfield
- July 26 Lombard



The following categories are eligible for the DuPage Triple Crown:

- Women Cat 2/3
- Men Cat 2
- Men Cat 3
- Masters 40+
- Master 50+/60+ (combined)

\$300 and a leader's jersey will be awarded to each of the above category winners in Lombard.

- 3. Masters 50+/60+ Team *MACK* mini-series July 22-26: Scored separately.
- **4. USA Masters Cup:** For details, see http://usamasterscup.com USA Masters Cup Omnium results available on RoadResults.com.

July 22-26:

Master 40+: Eligibility: Category 1-4 (no Novice) and age 40 and above.

July 22-26:

50+ and 60+, Category 1-4 (no Novice). Race together, scored separately for Masters Cup.

Doping Controls Article VIII.

Races are subject to doping controls under USA Cycling and USADA regulations. If testing is being done by USADA, a list will be posted after each event near the finish line and at the doping control facilities. DOPERS SUCK.

Article IX. **Jerseys**

Omnium Jersey

The gold Intelligentsia Cup Borah Omnium jersey will be awarded for each Omnium grouping at the conclusion of the series. Additionally, the Pro/1/2 Men's and Women's race will have a daily podium for the current omnium leader. Omnium Leaders' jerseys awarded must be worn during the race by the leader.

Daily Winner's Jersey

A "graffiti" 10th Anniversary Borah's winner's jersey will be awarded in each category daily unless the race category has a sponsored winner's jersey as outlined below. (Medals will be awarded in the Juniors categories.)

William Blair Masters 40+ Cat 1-4 Winner's

The daily winner of the Masters 40+ Cat 1-4 race will receive the navy William Blair Borah winner's jersey.

Team Mack Masters 50/60+ Mini-series Winner's Jerseys

On July 22, 23, 24, 25 and 26, the daily winner of the masters 50+ category will receive the light blue Team Mack Borah winner's jersey, and the daily winner of the masters 60+ category will receive the light blue Team Mack Borah winner's jersey.

DuPage Triple Crown Jerseys

Categories: Men 2, Women 2/3, Men 3, Master 40+, Master 50+. On July 23 (Glen Ellyn) and July 24 (Winfield), points leader will receive the red DuPage Triple Crown Borah leader's jersey. On July 26 (Lombard), the omnium winner in each of the five race categories will receive the gold and white DuPage Triple Crown jersey.



Intelli Omnium Leader



Daily Winner



Master 40+ Daily Winner



50+ and 60+ Daily Winner



Winner



Triple Crown Daily Triple Crown Omnium Winner

Article X. Criteriums

Free Laps may be granted for "recognized" mishaps, according to USA Cycling Regulations. Free laps end at the number of laps closest to 8km remaining.

Primes will be regularly awarded during each race, as listed in the Prize tables. Primes are to be collected immediately after each race. Riders do not need to complete the race to claim primes.

Feeding during criteriums is not allowed, except in extreme heat and only if pre-announced by the Chief Referee.

Article XI. Road Races

Neutral technical support services will be provided at three pits along the course. Riders can also leave wheels in the pits. Riders suffering a mishap must make up the distance under their own power. Motor pacing is prohibited and may result in a DSQ.

The South Chicago course is closed to traffic. Riders have access to the full width of the road.

Protection: Riders outside the main caravan are subject to obey the rules of the road. Do not expect intersections to be protected.

Article XII. Awards / Podiums

For each race category, the following riders are to present themselves to the awards podium immediately after the finish of their race:

Daily:

- Top 3 for each race
- Leaders of the Men/Women P-1-2 Omniums

Additionally:

July 23, 24, and 26:

 The leader of the Du Page Triple Crown (applicable categories)

July 26:

- Top 3 Masters 50+
- Top 3 Masters 60+
- Winners of the DuPage Triple Crown

July 30:

 Following the ACC races, in accordance with the ACC regulations.

On the final day:

Top 3 in each Intelligentsia Cup Omnium

Article XIII. Neutral Support Services

Location of the pit for criterium races will be communicated daily. Riders may cut the course to report to the pit but may not ride backwards on the course at <u>ANY TIME!</u> Please return any equipment used immediately following the conclusion of the race and be courteous to your neutral mechanics – they could save your race!



Shimano is the Official Technical Support Partner of the Intelligentsia Cup

Article XIV. First Aid

Northwestern Medicine will be providing first-aid services at several venues and local medical providers will provide first aid at the remaining venues. Placement of first aid will be communicated at each venue.



Article XV. Miscellaneous

Help us make the racing day safe and enjoyable for all participants, spectators, sponsors, community hosts, residents, and business owners by following these guidelines:

- Do not litter on the course
- Leave the course and surrounding areas better than you found them.
- Park in designated parking areas or in legal onstreet parking. Adhere to specific parking requests in each venue.
- Do not park vehicles, tents or chairs in any roadway or public right of way such as alleys sidewalks.
- Help medical providers, fire and police keep participants and spectators safe by making sure they always have access onto the course and sidewalks.
- No team tents within 200 meters of the finish line unless prearranged with the promoter.
 Designated team tent areas are identified on course maps. Please adhere to directions from race staff regarding tent placement. Any team tents obstructing the sightlines of the race officials must be relocated.
- Always secure permission from the property owner before parking on or using any private property.

Article XVI. Merchandise

Limited quantities of commemorative **10**th **Anniversary Intelligentsia Cup** merchandise (socks, t-shirts, posters) will be available for purchase near Registration. Additionally, a Borah online team store will be opened to purchase various Intelli Cup items.





Borah Teamwear is the official custom cycling apparel sponsor of the 2022 Intelligentsia Cup

Article XVII. Consent for Photography / Videography

This constitutes formal notice that any and all images of entrants in the race or onsite at the race venue may be used by the promoter and its agents for advertising, trade and any other lawful purposes. Riders not wanting to allow the use of their image can do so by not entering the race. In exchange for entry in the race, each entrant gives consent for use of his/her name and photographic likeness to the promoter and its agents.

Additionally, at the ACC event in Lake Bluff, IL on July 30, 2022, the following public notice will be posted:

"PRAIRIE STATE CYCLING SERIES LLC ("PSCS") WILL BE FILMING ON THESE PREMISES/IN THIS AREA TODAY

By entering these premises or remaining in this area, you hereby irrevocably consent to and authorize PSCS and its successors, licensees and assigns to film (including filming for journalism purposes), photograph and/or record you, and to make any photographs, footage, or recordings of you for use worldwide, royalty free, for any purpose whatsoever in perpetuity and on any media now known or hereafter devised. All such photographs, footage and recordings shall be the sole property of PSCS.

IF YOU OBJECT IN ANY WAY TO THE FOREGOING, PLEASE STAY OUT OF THE AREA WHERE FILMING IS TAKING PLACE. Thank you."

| R | ih | Νı | ım | her | ΔΙ | location | |
|---|----|----|----|-----|----|----------|--|
| | | | | | | | |

| Category | Start | End | Start | End | Start | End |
|--------------------|-------|-----|-------|-----|-------|-----|
| Men P-1-2 | 1 | 199 | | | | |
| Master 50+ 1-2-3-4 | 200 | 309 | | | | |
| Men 4 | 310 | 469 | | | | |
| Women Jr 15-18 | 470 | 500 | | | | |
| Men 3 | | | 500 | 669 | | |
| Master 40+ 1-2-3-4 | | | 670 | 769 | | |
| Women 4 N | | | 770 | 869 | | |
| Master 60+ 1-2-3-4 | | | 880 | 899 | | |
| Women P-1-2 | | | | | 1 | 99 |
| Men Jr 15-18 | | | | | 100 | 149 |
| Men Novice | | | | | 150 | 299 |
| Women 2-3 | | | | | 300 | 394 |
| Men 2 | | | | | 395 | 500 |



The West Dundee River Challenge #1 - July 22

| CATEGORY | START TIME | DURATION | FIELD LIMIT | MIN. CASH PRIMES | PRIZES | PLACES |
|--|---------------|----------|----------------|---------------------|------------------|--------|
| Men Novice | 9:25 AM | 0:30 | 75 | n/a | Coffee | 3 |
| Women Cat 4/Novice W Jr.15-18 (scored separately) | 10:00 AM | 0:30 | 75 | n/a | Coffee Medals | 3 |
| Jr. 15-18 | 10:35 AM | 0:30 | 75 | n/a | Medals | 3 |
| Men Cat 4 | 11:10 AM | 0:30 | 120 | n/a | Coffee | 3 |
| Men Cat 3 | 11:45 AM | 0:50 | 120 | \$100 | \$250 | 3 |
| Team Mack Masters 50/60+ Cat 1- 4 (mini-series—scored separately) | 12:40 PM | 0:50 | 120 | \$200 | \$800+ | 8 |
| Women Cat 2/3 | 1:40 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| Men Cat 2 | 2:40 PM | 1:00 | 120 | \$100 | \$250 | 5 |
| Masters 40+ Cat 1-4 | 3:50 PM | 1:00 | 120 | \$100 | \$250 | 5 |
| Women Pro/1/2 | 5:00 PM | 1:15 | 150 | \$250 | \$2,000++ | 15 |
| The Dundee Animal Hospital Family Bike Parade | 6:15 PM | 0:30 | _ | n/a | n/a | n/a |
| Men Pro/1/2 | 6:45 PM | 1:15 | 150 | \$250 | \$2,000++ | 15 |





Ray Whalen Builders Tour of Lake Ellyn #2 - July 23



| CATEGORY | START TIME | DURATION | FIELD LIMIT | MIN. CASH PRIMES | PRIZES | PLACES |
|---|---------------|----------|----------------|---------------------|---------------|--------|
| Men Novice | 8:55 AM | 0:30 | 75 | n/a | Coffee | 3 |
| Women Cat 4/Novice & W Jr. 15-18 (scored separately) | 9:30 AM | 0:30 | 75 | n/a | Coffee/medals | 3 |
| Traffic interlude | 10:05 AM | 0:10 | _ | _ | _ | _ |
| Jr. 15-18 | 10:15 AM | 0:30 | 75 | n/a | Medals | 3 |
| Men Cat 4 | 10:50 AM | 0:30 | 120 | n/a | Coffee | 3 |
| Men Cat 3 | 11:30 AM | 0:50 | 120 | \$100 | \$250 | 3 |
| Team Mack Masters 50/60+ Cat 1-4 (mini-series—scored separately) | 12:25 PM | 0:50 | 120 | \$200 | \$800† | 8 |
| Women Cat 2/3 | 1:25 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| The Duncan Law Group Family Fun Ride | 2:25 PM | 0:30 | _ | n/a | n/a | n/a |
| Traffic interlude | 2:55 PM | 0:10 | _ | _ | _ | _ |
| Men Cat 2 | 3:05 PM | 1:00 | 120 | \$100 | \$250 | 5 |
| Masters 40+ Cat 1-4 | 4:10 PM | 1:00 | 120 | \$100 | \$250 | 5 |
| Women Pro/1/2 | 5:20 PM | 1:15 | 150 | \$250 | \$2,000++ | 15 |
| Men Pro/1/2 | 6:45 PM | 1:15 | 150 | \$250 | \$2,000++ | 15 |





Winfield Criterium & Summerfest #3 - July 24



| CATEGORY | START TIME | DURATION | FIELD LIMIT | MIN. CASH PRIMES | PRIZES | PLACES |
|---|---------------|----------|----------------|---------------------|---------------|--------|
| Men Novice | 8:25 AM | 0:30 | 75 | n/a | Coffee | 3 |
| Women Cat 4/Novice & W. Jr. 15- 18 (scored separately) | 9:00 AM | 0:30 | 75 | n/a | Coffee/Medals | 3 |
| Men Jr. 15-18 | 9:35 AM | 0:30 | 75 | n/a | Medals | 3 |
| Men Cat 4 | 10:10 AM | 0:30 | 120 | n/a | Coffee | 3 |
| Men Cat 3 | 10:45 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| Volunteer Shift Change Interlude and Food Truck Entry | 11:40 AM | 0:20 | n/a | n/a | n/a | n/a |
| Team Mack Masters 50/60+ Cat 1-4 (mini-series — scored separately) | 11:55 AM | 0:50 | 120 | \$200 | \$800+ | 8 |
| Women Cat 2/3 | 12:55 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| Family Ride | 1:55 PM | 0:30 | _ | n/a | n/a | n/a |
| Volunteer Shift Change Interlude | 2:25 PM | 0:15 | n/a | n/a | n/a | n/a |
| Men Cat 2 | 2:40 PM | 0:55 | 120 | \$100 | \$250 | 5 |
| Masters 40+ Cat 1-4 | 3:40 PM | 0:55 | 120 | \$100 | \$250 | 5 |
| Volunteer Shift Change Interlude | 4:40 PM | 0:15 | n/a | n/a | n/a | n/a |
| Women Pro/1/2 | 4:55 PM | 1:10 | 150 | \$250 | \$2,000++ | 15 |
| Men Pro/1/2 | 6:15 PM | 1:10 | 150 | \$250 | \$2,000+ | 15 |

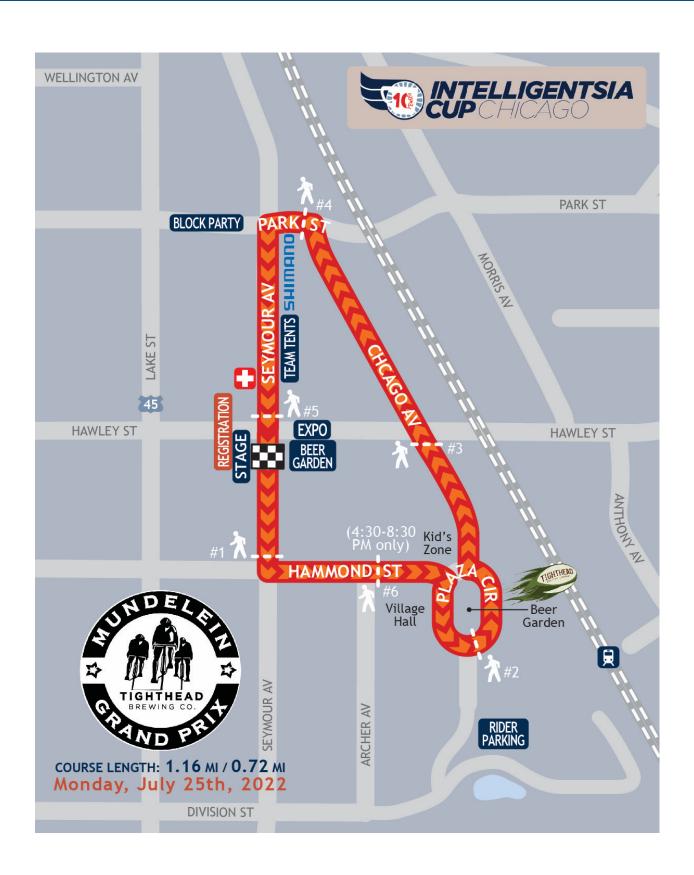




Tighthead Mundelein Grand Prix

#4 - July 25

| CATEGORY | START TIME | DURATION | FIELD LIMIT | MIN. CASH PRIMES | PRIZES | PLACES |
|---|---------------|----------|----------------|---------------------|------------------|--------|
| Men Novice | 9:25 AM | 0:30 | 75 | n/a | Coffee | 3 |
| Women Cat 4/Novice & W Jr.15-18 (scored separately) | 10:00 AM | 0:30 | 75 | n/a | Coffee Medals | 3 |
| Men Jr. 15-18 | 10:35 AM | 0:30 | 75 | n/a | Medals | 3 |
| Men Cat 4 | 11:10 AM | 0:30 | 120 | n/a | Coffee | 3 |
| Men Cat 3 | 11:45 AM | 0:50 | 120 | \$100 | \$250 | 5 |
| Team Mack Masters 50/60+ Cat 1-4 (mini-series—scored separately) | 12:40 PM | 0:50 | 120 | \$200 | \$800† | 8 |
| Women Cat 2/3 | 1:40 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| Men Cat 2 | 2:40 PM | 1:00 | 120 | \$100 | \$250 | 5 |
| Masters 40+ Cat 1-4 | 3:50 PM | 1:00 | 120 | \$100 | \$250+ | 5 |
| Women Pro/1/2 | 5:00 PM | 1:15 | 150 | \$250 | \$2,000++ | 15 |
| Community Ride | 6:15 PM | 0:30 | _ | n/a | n/a | n/a |
| Men Pro/1/2 | 6:45 PM | 1:15 | 150 | \$250 | \$2,000++ | 15 |
| | | | | | | |

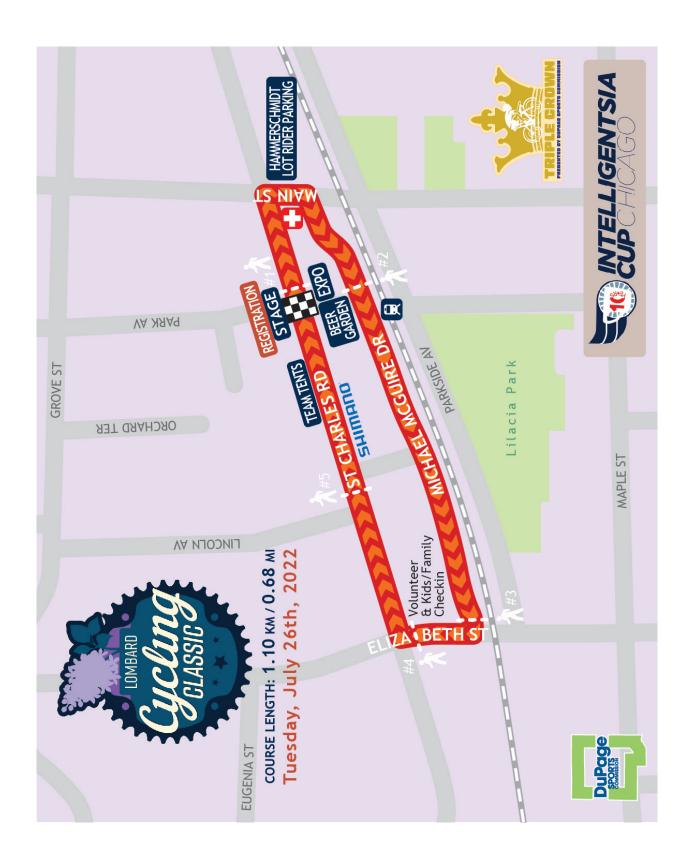




Lombard Cycling Classic Triple Crown Finale #5 - July 26



| CATEGORY | START TIME | DURATION | FIELD LIMIT | MIN. CASH PRIMES | PRIZES | PLACES |
|---|---------------|----------|----------------|---------------------|-------------------|--------|
| Men Novice | 9:25 AM | 0:30 | 75 | n/a | Coffee | 3 |
| Women Cat 4/Novice & W Jr. 15-18 (scored separately) | 10:00 AM | 0:30 | 75 | n/a | Coffee/ Medals | 3 |
| Men Jr. 15-18 | 10:35 AM | 0:30 | 75 | n/a | Medals | 3 |
| Men Cat 4 | 11:10 AM | 0:30 | 75 | n/a | Coffee | 3 |
| Men Cat 3 | 11:45 AM | 0:50 | 120 | \$100 | \$250 | 5 |
| Team Mack Masters 50/60+ Cat 1-4 (mini-series—scored separately) | 12:40 PM | 0:50 | 150 | \$200 | \$800+ | 8 |
| Women Cat 2/3 | 1:40 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| Men Cat 2 | 2:40 PM | 1:00 | 120 | \$100 | \$250 | 5 |
| Masters 40+ Cat 1-4 | 3:50 PM | 1:00 | 120 | \$100 | \$250+ | 5 |
| Women Pro/1/2 | 5:00 PM | 1:15 | 150 | \$250 | \$2,000++ | 15 |
| Family Fun Ride | 6:15 PM | 0:30 | _ | n/a | n/a | n/a |
| Men Pro/1/2 | 6:45 PM | 1:15 | 150 | \$250 | \$2,000++ | 15 |



The South Chicago Kermesse Road Race & Bicycle Celebration

Presented by Alderwoman Susan Sadlowski Garza #6 - July 27

| CATEGORY | START | DURATION | DISTANCE lap = 3.2 mi | FIELD LIMIT | PRIZES | PLACES |
|---|----------|----------|--------------------------|-------------|----------|--------|
| Men Jr. 15-18 | 10:00 AM | 6 | 19.2 | 75 | Medals | 3 |
| Women Jr. 15-18 | 10:02 AM | 4 | 12.8 | 75 | Medals | 3 |
| Men Cat 4 | 11:05 AM | 8 | 25.6 | 120 | Coffee | 3 |
| Men Novice | 11:07 AM | 7 | 22.4 | 75 | Coffee | 3 |
| Women Cat 4/Novice | 11:08 AM | 6 | 19.2 | 75 | Coffee | 3 |
| Men Cat 3 | 12:45 PM | 11 | 35.2 | 120 | \$250 | 5 |
| Women Cat 2/3 | 12:47 PM | 11 | 35.2 | 120 | \$250 | 5 |
| Masters 40+ Cat 1-4 & Masters 50+ Cat 1-4 (scored separately) | 2:30 PM | 14 | 44.8 | 120 | \$250 | 5 |
| Women Pro/1/2 | 2:32 PM | 16 | 51.2 | 150 | \$2,000+ | 15 |
| Men Pro/1/2 | 5:15 PM | 19 | 60.8 | 150 | \$2,000+ | 15 |
| Men Cat 2 | 5:19 PM | 16 | 51.2 | 120 | \$250 | 5 |

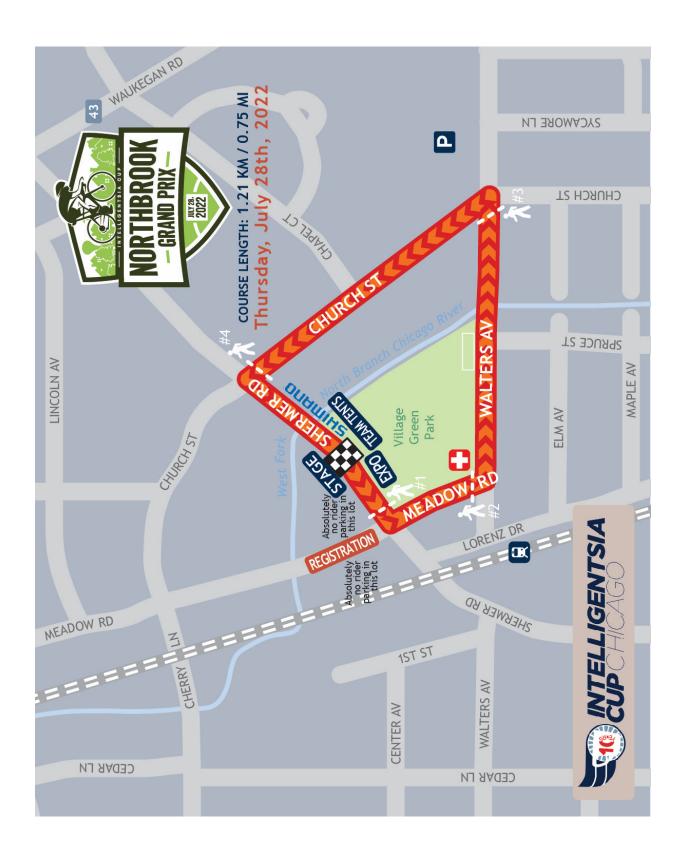




Northbrook Grand Prix

#7 - July 28

| CATEGORY | START TIME | DURATION | FIELD LIMIT | MIN. CASH PRIMES | PRIZES | PLACES |
|--|---------------|----------|----------------|---------------------|------------------|--------|
| Men Novice | 10:05 AM | 0:30 | 75 | n/a | Coffee | 3 |
| Women Cat 4/Novice & W Jr.15-18 (scored separately) | 10:40 AM | 0:30 | 75 | n/a | Coffee Medals | 3 |
| Men Jr. 15-18 | 11:20 AM | 0:30 | 75 | n/a | Medals | 3 |
| Men Cat 4 | 12:00 PM | 0:30 | 120 | n/a | Coffee | 3 |
| Men Cat 3 | 12:40 AM | 0:50 | 120 | \$100 | \$250 | 5 |
| Women Cat 2/3 | 1:40 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| Men Cat 2 | 2:40 PM | 1:00 | 120 | \$100 | \$250 | 5 |
| Masters 40+ Cat 1-4 & Masters 50+ Cat 1-4 (scored separately) | 3:50 PM | 1:00 | 120 | \$100 | \$250 | 5 |
| Women Pro/1/2 | 5:00 PM | 1:15 | 150 | \$300 | \$2,000+ | 15 |
| Family Fun Ride | 6:15 PM | 0:30 | _ | n/a | n/a | n/a |
| Men Pro/1/2 | 6:45 PM | 1:15 | 150 | \$300 | \$2,000+ | 15 |





Elgin Classic In Memory of Dennis Jurs #8 - July 29

| CATEGORY | START | DURATION | FIELD LIMIT | MIN CASH PRIMES | PRIZES | PLACES |
|---|-------------|----------|----------------|--------------------|------------------|--------|
| Men Novice | 10:05 AM | 0:30 | 75 | n/a | Coffee | 3 |
| Women Cat 4/Novice & W Jr. 15-18 (scored separately) | 10:40 AM | 0:30 | 75 | n/a | Coffee Medals | 3 |
| Men Jr. 15-18 | 11:20 AM | 0:30 | 75 | n/a | Medals | 3 |
| Men Cat 4 | Noon | 0:30 | 120 | n/a | Coffee | 3 |
| Men Cat 3 | 12:40 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| Women Cat 2/3 | 1:40 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| Men Cat 2 | 2:40 PM | 1:00 | 120 | \$100 | \$250 | 5 |
| Masters 40+ Cat 1-4 & Masters 50+ Cat 1-4 (scored separately) | 3:50 PM | 1:00 | 120 | \$100 | \$250+ | 5 |
| Women Pro/1/2 | 5:00 PM | 1:15 | 150 | \$300 | \$2,000+ | 15 |
| Family Fun Ride | 6:15 PM | 0:30 | _ | n/a | n/a | n/a |
| Men Pro/1/2 p/b Intelligentsia Coffee | 6:45 PM | 1:15 | 150 | \$300 | \$2,000+ | 15 |







CRITERIUM CUP

#9 - July 30

| CATEGORY | START | DURATION | FIELD LIMIT | MIN CASH PRIMES | PRIZES | PLACES |
|---|-------------|----------|----------------|--------------------|---------------|--------|
| Men Novice | 9:30 AM | 0:30 | 75 | n/a | Coffee | 3 |
| Women Cat 4/Novice & W Jr.15-18 (scored separately) | 10:10 AM | 0:30 | 75 | n/a | Coffee/medals | 3 |
| Men Jr. 15-18 | 10:50 AM | 0:30 | 75 | n/a | Medals | 3 |
| Men Cat 4 | 11:30 AM | 0:30 | 75 | n/a | Coffee | 3 |
| Men Cat 3 | 12:10 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| Women Cat 2/3 | 1:10 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| Men Cat 2 | 2:10 PM | 1:00 | 120 | \$100 | \$250 | 5 |
| Masters 40+ Cat 1-4 & Masters 50+ Cat 1-4 (scored separately) | 3:20 PM | 1:00 | 150 | \$100 | \$250 | 5 |
| Lake Forest Bank Family Fun Ride | 4:30 PM | 0:30 | _ | n/a | n/a | n/a |
| Women Pro/1/2 American Criterium Cup Event* | 5:20 PM | 1:00 | 125 | \$2,000 | \$5,500+ | 15 |
| Men Pro/1 American Criterium Cup Event* | 6:40 PM | 1:00 | 125 | \$2,000 | \$5,500+ | 15 |





William Blair Grand Prix At Goose Island Beer Co. #10 - July 31

| CATEGORY | START | DURATION | FIELD LIMIT | MIN CASH PRIMES | PRIZES | PLACES |
|---|----------|----------|-------------|-----------------|------------------|--------|
| Men Cat 4 | 10:00 AM | 0:30 | 120 | n/a | Coffee | 3 |
| Women Cat 4/Novice & W Jr. 15-18 (scored separately) | 10:40 AM | 0:30 | 75 | n/a | Coffee Medals | 3 |
| Men Jr. 15-18 | 11:20 AM | 0:30 | 75 | n/a | Medals | 3 |
| Women Cat 2/3 | Noon | 0:50 | 120 | \$100 | \$250 | 5 |
| Men Cat 2 | 1:00 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| Masters 40+ Cat 1-4 & Masters 50+ Cat 1-4 (scored separately) | 2:00 PM | 1:00 | 150 | \$100 | \$250 | 5 |
| Women Pro/1/2 | 3:10 PM | 1:15 | 150 | \$300 | \$2,000+ | 15 |
| Men Pro/1/2 | 4:35 PM | 1:30 | 150 | \$300 | \$2,000+ | 15 |
| Men Cat 3 | 6:10 PM | 0:50 | 120 | \$100 | \$250 | 5 |
| Men Novice | 7:00 PM | 0:30 | 75 | n/a | Coffee | 3 |



Appendix 1 Points

Points will be allocated for according to the following table:

| Place | INTELLI | USA MASTERS | Team <i>MACK</i> | TRIPLE CROWN |
|-------|---------|-------------|---------------------|--------------|
| 1 | 20 | 30 | 20 | 20 |
| 2 | 19 | 28 | 19 | 19 |
| 3 | 18 | 26 | 18 | 18 |
| 4 | 17 | 24 | 17 | 17 |
| 5 | 16 | 22 | 16 | 16 |
| 6 | 15 | 20 | 15 | 15 |
| 7 | 14 | 18 | 14 | 14 |
| 8 | 13 | 16 | 13 | 13 |
| 9 | 12 | 14 | 12 | 12 |
| 10 | 11 | 12 | 11 | 11 |
| 11 | 10 | 10 | 10 | 10 |
| 12 | 9 | 8 | 9 | 9 |
| 13 | 8 | 6 | 8 | 8 |
| 14 | 7 | 4 | 7 | 7 |
| 15 | 6 | 2 | 6 | 6 |
| 16 | 5 | | 5 | 5 |
| 17 | 4 | | 4 | 4 |
| 18 | 3 | | 3 | 3 |
| 19 | 2 | | 2 | 2 |
| 20 | 1 | | 1 | 1 |

Appendix 2 Prizes

Each day during the series, payouts for primes and prizes will be located near Registration. Hours are daily from 12:30 PM to 7:30 PM with extended hours the final two days of the series.

Total winnings (prizes and primes) of \$600 or more will be reported to the IRS as required by law. The appropriate forms (links provided) must be presented to pick up prizes. Links to the forms are below.

Cash primes: Cash primes will be available for pick up on the day of each race from 12:30 pm on.

Prize money: One prize check consolidating all daily prize earnings for each rider will be issued at the end of the rider's category series or the rider's last day at the series, whichever is first. Riders wishing to pick up prizes prior to these dates must make prior arrangements with the race organization. Riders who are later disqualified (e.g., positive doping test result) must return any prize winnings to the organizer [USAC 1K2(c)].

Attention Non-US Riders: The following will be deducted from prize checks: IRS 30% withholding applicable to **non-resident aliens** who have not provided Form 8233 - exemption from withholding.

Prizes and awards (both cash and non-cash) not claimed within <u>90 days</u> of the end of this year's Intelligentsia Cup series will be voided and returned to the promoter. No exceptions. If a rider in contention for prizes or awards cannot be present on the last day of the series, he/she is encouraged to leave contact information with the stage manager or other race manager.

A team name can be substituted for the payee if desired. Form 1099 will be mailed to those falling under this requirement by January 31 of the following year.

- Form W-9: US citizens and resident aliens.
- <u>Form W8-BEN</u>: Non-resident aliens. Submit Form W-8 BEN when requested by the withholding agent or payer whether you are claiming a reduced rate of, or exemption from, withholding.
- Form 8233: Non-resident alien EXEMPT from withholding

INTELLIGENTSIA CUP TOTAL MINIMUM CASH PRIZES AND PRIMES BY CATEGORY

Additional merchandise and primes may be awarded.

| | Wanan | Maria | | Wanan | | D.Co. | Tm MACK | Dan | D.Co. | | |
|---------------|----------------|---------------|----------|-----------|----------|------------|-----------------|------------|------------|----|--------|
| Venue | Women P-1-2 | Men P-1-2* | Men 2 | Women 2/3 | Men 3 | Msr 40+ | Masters 50+/60+ | Msr 50+ | Msr 60+ | TO | ΓAL |
| West Dundee | \$ 2,250 | \$ 2,250 | \$ 350 | \$ 350 | \$ 350 | \$ 350 | \$ 1,000 | Jersey | Jersey | \$ | 6,900 |
| Glen Ellyn | \$ 2,250 | \$ 2,250 | \$ 350 | \$ 350 | \$ 350 | \$ 350 | \$ 1,000 | Jersey | Jersey | \$ | 6,900 |
| Winfield | \$ 2,250 | \$ 2,250 | \$ 350 | \$ 350 | \$ 350 | \$ 350 | \$ 1,000 | Jersey | Jersey | \$ | 6,900 |
| Mundelein | \$ 2,250 | \$ 2,250 | \$ 350 | \$ 350 | \$ 350 | \$ 350 | \$ 1,000 | Jersey | Jersey | \$ | 6,900 |
| Lombard | \$ 2,250 | \$ 2,250 | \$ 350 | \$ 350 | \$ 350 | \$ 350 | \$ 1,000 | Jersey | Jersey | \$ | 6,900 |
| South Chicago | \$ 2,000 | \$ 2,000 | \$ 250 | \$ 250 | \$ 250 | \$ 250 | | | | \$ | 5,000 |
| Northbrook | \$ 2,300 | \$ 2,300 | \$ 350 | \$ 350 | \$ 350 | \$ 350 | | | | \$ | 6,000 |
| Elgin | \$ 2,300 | \$ 2,300 | \$ 350 | \$ 350 | \$ 350 | \$ 350 | | | | \$ | 6,000 |
| Lake Bluff * | \$ 7,500 | \$ 7,500 | \$ 350 | \$ 350 | \$ 350 | \$ 350 | | | | \$ | 16,400 |
| Chicago | \$ 2,300 | \$ 2,300 | \$ 350 | \$ 350 | \$ 350 | \$ 350 | | | | \$ | 6,000 |
| Omnium | \$ 3,000 | \$ 3,000 | | | | | | | | \$ | 6,000 |
| Team MACK | | | | | | | | \$ 500 | \$ 500 | \$ | 1,000 |
| Triple Crown | | | \$ 300 | \$ 300 | \$ 300 | \$ 300 | \$ 300 | | | \$ | 1,500 |
| GRAND TOTAL | \$ 30,650 | \$ 30,650 | \$ 3,700 | \$ 3,700 | \$ 3,700 | \$ 3,700 | \$ 5,300 | \$ 500 | \$ 500 | \$ | 82,400 |

^{*} Lake Bluff ACC is Men P-1 only, Women P-1-2

INTELLIGENTSIA CUP OMNIUMS

| Prizes | July 2: Pro M | | July 2 Pro V | 22-31 Vomen | July 2 Mast | 2-26 er 50+ | 22-26 ster 60+ |
|--------|------------------|--------|-----------------|----------------|----------------|----------------|-------------------|
| | | | | | | | |
| 1 | \$ 1, | 200.00 | \$ | 1,200.00 | \$ | 250.00 | \$ 250.00 |
| | | | | | | | |
| 2 | \$ | 750.00 | \$ | 750.00 | \$ | 150.00 | \$ 150.00 |
| | | | | | | | |
| 3 | \$ | 600.00 | \$ | 600.00 | \$ | 100.00 | \$ 100.00 |
| | | | | | | | |
| 4 | \$: | 300.00 | \$ | 300.00 | | | |
| | | | | | | | |
| 5 | \$ | 150.00 | \$ | 150.00 | | | |
| | | | | | | | |
| Total | \$ 3, | 00.00 | \$ | 3,000.00 | \$ | 500.00 | \$ 500.00 |

GRAND TOTAL OMNIUMS

\$ 7,500.00

DuPage Triple Crown

| | DuPage Triple Crown | <u>Prizes</u> |
|---|--------------------------|----------------|
| 1 | Men Cat 2 | \$ 300.00 |
| 1 | Women Cat 2/3 | \$ 300.00 |
| 1 | Men Cat 3 | \$ 300.00 |
| 1 | Masters 40+ | \$ 300.00 |
| 1 | Masters 50+/60+ combined | \$ 300.00 |
| | | |
| | Total | \$ 1,500.00 |

Daily Prize Distribution Pro Men and Women

| Place | West Dundee | Glen Ellyn | Winfield | Mundelein | Lombard | South Chicago | Northbrook | Elgin | Lake Bluff * | Chicago |
|--------|----------------|---------------|----------|-----------|---------|------------------|------------|---------|-----------------|---------|
| PRIMES | \$250 | \$250 | \$250 | \$250 | \$250 | \$0 | \$300 | \$300 | \$2,000 | \$300 |
| | | | | | | | | | | |
| 1 | \$500 | \$500 | \$500 | \$500 | \$500 | \$500 | \$500 | \$500 | \$1,350 | \$500 |
| 2 | \$325 | \$325 | \$325 | \$325 | \$325 | \$325 | \$325 | \$325 | \$825 | \$325 |
| 3 | \$230 | \$230 | \$230 | \$230 | \$230 | \$230 | \$230 | \$230 | \$700 | \$230 |
| 4 | \$180 | \$180 | \$180 | \$180 | \$180 | \$180 | \$180 | \$180 | \$500 | \$180 |
| 5 | \$140 | \$140 | \$140 | \$140 | \$140 | \$140 | \$140 | \$140 | \$400 | \$140 |
| 6 | \$110 | \$110 | \$110 | \$110 | \$110 | \$110 | \$110 | \$110 | \$325 | \$110 |
| 7 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$250 | \$100 |
| 8 | \$90 | \$90 | \$90 | \$90 | \$90 | \$90 | \$90 | \$90 | \$225 | \$90 |
| 9 | \$80 | \$80 | \$80 | \$80 | \$80 | \$80 | \$80 | \$80 | \$200 | \$80 |
| 10 | \$65 | \$65 | \$65 | \$65 | \$65 | \$65 | \$65 | \$65 | \$175 | \$65 |
| 11 | \$50 | \$50 | \$50 | \$50 | \$50 | \$50 | \$50 | \$50 | \$160 | \$50 |
| 12 | \$40 | \$40 | \$40 | \$40 | \$40 | \$40 | \$40 | \$40 | \$140 | \$40 |
| 13 | \$35 | \$35 | \$35 | \$35 | \$35 | \$35 | \$35 | \$35 | \$100 | \$35 |
| 14 | \$30 | \$30 | \$30 | \$30 | \$30 | \$30 | \$30 | \$30 | \$75 | \$30 |
| 15 | \$25 | \$25 | \$25 | \$25 | \$25 | \$25 | \$25 | \$25 | \$75 | \$25 |
| Total | \$2,250 | \$2,250 | \$2,250 | \$2,250 | \$2,250 | \$2,000 | \$2,300 | \$2,300 | \$7,500 | \$2,300 |

GRAND TOTAL PER CATEGORY

\$27,650.00



^{*} Only Pro-1 Men and Pro-1-2 Women for Lake Bluff

Daily Prize Distribution Men Cat 2, Women Cat 2/3, Men Cat 3, Masters 40/50+ (combined)

| Place | West Dundee | Glen Ellyn | Winfield | Mundelein | Lombard | South Chicago | Northbrook | Elgin | Lake Bluff * | Chicago |
|--------|----------------|---------------|----------|-----------|---------|------------------|------------|-------|-----------------|---------|
| PRIMES | \$100 | \$100 | \$100 | \$100 | \$100 | | \$100 | \$100 | \$100 | \$100 |
| | | | | | | | | | | |
| 1 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 |
| 2 | \$60 | \$60 | \$60 | \$60 | \$60 | \$60 | \$60 | \$60 | \$60 | \$60 |
| 3 | \$40 | \$40 | \$40 | \$40 | \$40 | \$40 | \$40 | \$40 | \$40 | \$40 |
| 4 | \$30 | \$30 | \$30 | \$30 | \$30 | \$30 | \$30 | \$30 | \$30 | \$30 |
| 5 | \$20 | \$20 | \$20 | \$20 | \$20 | \$20 | \$20 | \$20 | \$20 | \$20 |
| Total | \$350 | \$350 | \$350 | \$350 | \$350 | \$250 | \$350 | \$350 | \$350 | \$350 |

\$3,400.00

GRAND TOTAL PER CATEGORY

Daily Prize Distribution Team MACK Series – Master 50+/60+ (combined)

| Place | W Dundee | Glen Ellyn | Winfield | Mundelein | Lombard |
|----------|----------|------------|----------|-----------|------------|
| Primes | \$200 | \$200 | \$200 | \$200 | \$200 |
| | | | | | |
| 1 | \$220 | \$220 | \$220 | \$220 | \$220 |
| 2 | \$150 | \$150 | \$150 | \$150 | \$150 |
| 3 | \$100 | \$100 | \$100 | \$100 | \$100 |
| 4 | \$80 | \$80 | \$80 | \$80 | \$80 |
| 5 | \$70 | \$70 | \$70 | \$70 | \$70 |
| 6 | \$60 | \$60 | \$60 | \$60 | \$60 |
| 7 | \$60 | \$60 | \$60 | \$60 | \$60 |
| 8 | \$60 | \$60 | \$60 | \$60 | \$60 |
| Total | \$1,000 | \$1,000 | \$1,000 | \$1,000 | \$1,000 |
| GRAND TO | OTAL | | | | \$5,000.00 |

Appendix 3 Doping Control

INFORMATION REGARDING DRUG TESTING

SELECTION OF RIDERS FOR DOPING CONTROL

By registering to compete at this event you have consented to be subject to drug testing and adhere to the penalties associated with an anti-doping rules violation. All registered competitors are subject to testing and, if chosen for drug testing, are required to comply with the applicable rules. Noncompliance or refusing to be tested will result in the same penalties as a doping violation.

When the U.S. Anti-Doping Agency ("USADA") is conducting testing at your race the list of cyclists selected for doping control will be posted at the finish line (or location where the cyclists leave the course or track) and at the Doping Control Station.

All riders, including any athlete who has abandoned the competition, are responsible for ensuring personally whether they are required to appear for doping control. All posted riders are required to report to the Doping Control Station unless their release from testing documented by a USADA Official in the field. If, after reporting to the Doping Control Station a posted rider is not required to provide a sample for purposes of doping control, their dismissal will be documented by a USADA Official.

NOTIFICATION OF ATHLETES

It is your responsibility to check the doping control posting even when chaperones are provided at events where USADA is testing. While USADA plans to have chaperones available to locate and escort all cyclists selected for testing, this is not the norm at UCI- sanctioned events. Given this, the lack of a Chaperone or Escort does not excuse a rider from testing. Should a rider fail to report to doping control within 60 minutes of notification, that rider will be subject to sanctions.

APPLICABLE RULES

USADA will conduct testing in accordance with its Protocol. A copy of and additional information concerning the USADA Protocols are available online at http://www.usantidoping.org. You should also review the applicable anti-doping rules of the Union Cycliste International (UCI), the International Federation for the sport, at http://www.uci.ch/.

"Refusing, or failing without compelling justification, to submit to sample collection after notification as authorized in applicable anti-doping rules or otherwise evading sample collection" is an anti-doping rule violation.

UNITED STATES ANTI-DOPING AGENCY

The United States Anti-Doping Agency is the independent antidoping agency for the Olympic Movement in the United States. USADA is dedicated to eliminating the practice of doping in sport, preserving the well-being of sport, and ensuring the health of athletes through drug testing, research initiatives and educational programs.

PROHIBITED CLASSES FOR EVENT TESTING

USADA will test for the classes of substances and methods prohibited by the World Anti-Doping Code. For in-competition testing urine samples are tested for the following categories of substances: anabolic agents, hormones, beta-2 agonists, anti-estrogenic substances, diuretics, stimulants, narcotics, cannabinoids (i.e., marijuana), glucocorticosteroids, alcohol and beta-blockers; additionally, the following methods such as blood doping, gene doping and pharmacological, chemical, and physical manipulation are also prohibited.

For more detailed information or a non-exclusive list of substances within each category listed above, visit the USADA web site at http://www.usantidoping.org/prohibited_sub/wallet_card.asp for the USADA Wallet Card.

Further information about the drug testing, the protection of your rights and the status of specific medications on the 2009 WADA Prohibited List is available from the USADA Drug Reference On-Line at http://www.usantidoping.org/dro When in doubt athletes should check with these resources.

Please remember that even over the counter or prescription medications can contain a banned substance that could cause a positive test result and a doping offense. Dietary/nutritional supplements including vitamins, minerals and amino acids are completely at the athlete's risk, even if the supplements are labeled 'approved' or 'verified.' If you take dietary/nutritional supplements you may test positive for a prohibited substance which is not disclosed on the product label. This would result in a doping violation and sanction. Always check with your team doctor or the USADA Drug Reference Line before taking any medication.

A heart-felt "Thank you!!" to these specific race sponsors:











